

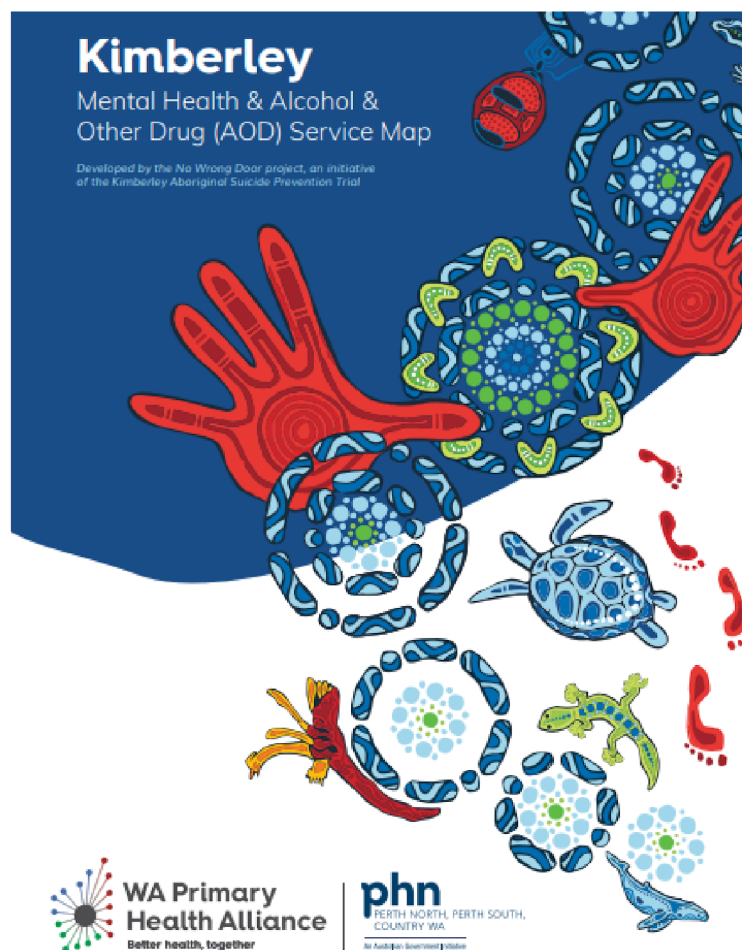
## Mental Health support in the Kimberley

Mental Health services across flood affected areas are provided by a number of services. These services can be found in the No Wrong Door Kimberley Service Directory (*pictured right*), which assists Kimberley Service Providers with referring people to the right place, no matter where someone in crisis arrives.

Boab Health offers a range of mental health support services based on individual needs. Their mental health team is based in Broome and Kununurra and travels across the Kimberley, supporting young people, adults, and their families with a range of mental health concerns such as low mood, stress, depression, and anxiety. You can find more information here <https://boabhealth.com.au/our-services/mental-health/>

Kimberley Mental Health and Drug Service (KMHDS) is based in the main towns of the Kimberley and their teams outreach to surrounding communities. KMHDS provides mental health and alcohol and other drug support across the lifespan, as part of a multidisciplinary team including clinicians and Aboriginal Mental Health Workers.

These service providers work in collaboration with your GP, other health professionals, and other agencies to ensure that people get the support they need to be well.



Department of Communities also has a support services page that you can save or print out:

### Fitzroy Crossing

- [www.wa.gov.au/government/document-collections/kimberley-flood-recovery-fitzroy-crossing-support-services](http://www.wa.gov.au/government/document-collections/kimberley-flood-recovery-fitzroy-crossing-support-services)

### Broome

- [www.wa.gov.au/government/document-collections/kimberley-flood-recovery-broome-support-services](http://www.wa.gov.au/government/document-collections/kimberley-flood-recovery-broome-support-services)

### Derby

- [www.wa.gov.au/government/document-collections/kimberley-flood-recovery-derby-support-services](http://www.wa.gov.au/government/document-collections/kimberley-flood-recovery-derby-support-services)

## RAINING ON THE ROCKS PROGRAM

Garnduwa in conjunction with Nindilingarri Cultural Health, Wangki Radio, Gurama Yani U, Shire of Derby/West Kimberley, the Minderoo Foundation, West Kimberley Futures, the Fitzroy Valley Aboriginal Sporting Association and the Central Kimberley Football and Basketball League, will deliver 'song and story gathering' workshops to communities and individuals impacted by the Fitzroy Valley floods. Capturing those who would like to tell and share their stories.

The program will include youth and adult music creation and performances, youth and adult sporting activities. The social and emotion wellbeing themes based around flood recovery and promotion will underpin all activities and workshops, over a period of seven weeks. The first week of community workshops will be held in Yiyili followed by Yakanarra, Nookanbah, Muludja, and then the Fitzroy Crossing communities.

**Story telling, talking, sharing experiences, listening to others, socialising, playing music and sport and sharing food in a safe and inclusive environment are all key aspects of how we interact with each other to preserve our mental health.**

**The aim of the Raining on the Rocks program is to facilitate these workshops in the communities that have been so affected by firstly Covid and then the flooding.**

**In the lead up to the workshops the communities have been encouraged to create their own program based around music and sport and a live performance.**

**Garnduwa, Nindilingarri, Wangki Radio and the Shire will have a team of engagement specialists who will be available to work with nominated people from the community to encourage people to participate.**

**The final phase of the program encourages the broader Fitzroy Valley community to attend and participate in the performances of the songs and sporting activities generated from the communities.**

**Garnduwa will be encouraging people to 'own' their music, stories and participation by ensuring recording and video footage of the participation is left with them at the end of the program.**

## FITZROY CROSSING JUSTICE OPEN DAYS - SUPPLIES AVAILABLE

Department of Communities is able to supply a range of goods to support the upcoming Fitzroy Crossing Justice open days on 13 and 14 June. Some of the items available include:

### Clothing

- Men's Tees, Shorts, Trousers
- Women's assorted clothing items in all sizes
- Boys and Girls assorted clothes in sizes 1-16
- Babies Clothes 000-1 and nappies

### Bedding

- Sheets, Doona covers
- Towels, bath mats, face washers, pillows
- Babies cot sheets and blankets
- Doonas, mattress protectors

### Assorted items

- Backpacks, handbags, shopping bags
- Toiletries - shampoo, soap etc.
- Books, stationery
- Nursing mothers accessories - pump, nappy bags
- Kitchen utensils
- Camping equipment - sleeping bags, mattresses, gas stove, swags, chairs
- Toys and sports balls
- Furniture - porta-cots, air mattresses, king single/king mattresses



# Co-Chairs Appointed to the Fitzroy Valley Flood Recovery Working Group

At the Fitzroy Valley Flood Recovery Working Group meeting held on Tuesday 30 May two co-chairs were appointed to guide the region's recovery from the January 2023 floods.

Russell Chestnut (Gooniyandi PBC representative) and Marmingee Hand (Yanunijarra PBC representative), were elected by the Working Group, to co-chair alongside the State Recovery Coordinator, Rob Cossart. Marmingee and Russell bring strong regional, cultural and community knowledge and leadership to their respective roles.

The Working Group consists of elected representative of the Bunuba, Yungngora, Gooniyandi, Yanunijarra and Tiyatiya PBCs in addition to community and business representatives. The Working group is the key leadership forum to guide the local and state recovery efforts.



## Donated clothes, bedding and items for your home



Department of Communities, purple shirts will be at the Fitzroy Crossing Recreation Centre on Tuesday 13 and Wednesday 14 June for the Aboriginal Justice Open Day.

There will be lots of free items like; clothes for adults, kids and babies, bedding including mattresses, blankets and sheets, plus camping equipment, kitchen items and much more! Please see list above for full details of available items.

Everything has been donated by people around WA who want to help the Fitzroy Valley because of the floods.

Come have a chat to the friendly purple shirts who can help you with what you need in your home.



# Contact Information

## Department of Communities Disaster Response Hotline

**1800 032 965**

### Mental Health Help - Fitzroy Crossing

**9166 1700**

### Mental Health Help - Derby

**9193 3605**

### After Hours - Mental Health Support

**1800 552 002**

## Aboriginal and Torres Strait Islander Crisis Support (24/7)

**13YARN (13 92 76)**

## Road Updates

For information on road updates you can view the latest road report on the Shire of Derby West Kimberley website <https://www.sdwk.wa.gov.au/>

## Flood Hubs

### Fitzroy Crossing Visitor Centre

4 Flynn Drive  
8am-12 noon  
Monday - Thursday  
(08) 9191 0904

### Broome Flood Help

Call 0476 897 424  
If you're in Broome  
and need help

### Derby Housing Office

16-22 Loch Street  
10am-2pm  
Monday - Friday

**Do you have a story to share or updates from your area? We want to hear from you! Contact us by phone (08) 9191 0999 or email [media@sdwk.wa.gov.au](mailto:media@sdwk.wa.gov.au)**